

LET'S GET CONNECTED

July 2013

Volume 10, Number 1



Photo: David Butland/ Godbout

QUEBECNORTHSHORE.ORG

“A Christmas Memory” Book Launch

by Stephen Kohner

The students of Grades 3 & 4 of Baie Comeau High School and the NSCA celebrated the publication of a book entitled “A Christmas Memory”. Under the supervision of teacher Mrs. Mary Cormier, this illustrated story tells about the arrival of Santa Claus by airplane in Baie-Comeau. The story, originally told by Mrs. Lorraine Cameron Gray during the “In Search of Yesterday” project, recounts how, in the 1940s, Santa jumped out of an airplane, parachuted into town and paraded through town with the children not far behind.

The students illustrated a section of the story and, with the assistance of the NSCA, had it published in colour. On March 27th, an official book launch was held in front of fellow students, staff and community members. The pride was palpable!

To date, about 100 books have been sold at a cost of \$9.00. Part of the profits were used towards a Grade 3 & 4 final year-end activity. Eastern Shores School Board has ordered 45 copies for distribution.

Copies are available by contacting the NSCA office. The initiative is inspiring and is to be treasured as a model for inter-generational story-telling.



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A WORD FROM THE CHAIR

Happy Summer to all folks reading this edition of LET'S GET CONNECTED! Hope that you find time to relax and enjoy this season that sure took a long time arriving.



This was another busy and rewarding year for the NSCA as we continue to move forward, increase our membership, and try to be there for the Anglophones in our vast territory.

I will be officially retired by the time you receive this newsletter. I have been blessed to have spent all 35 years at Riverview School which, despite declining enrolment, provides a quality education in a family environment. I wish them all a great school year next fall and I will not be too far away (unless I am travelling). My retirement gift is an adventure "down under" which I am hoping to realize in mid-October. I cannot wait to see a kangaroo, koala, kookaburra, and crocodile with my own eyes. Australia and New Zealand may never be the same!

Again, have a happy and safe summer with family and friends! I hope to see many of you at our annual AGM in Port-Cartier on September 21st.

May the sun shine on you for the next three months!

Debbie Laurie
Chair

Congratulations, Debbie!



On behalf of the North Shore Community Association, it is with great pleasure to forward on best wishes of a happy and well deserved retirement to Debbie Laurie.

Debbie has contributed 35 years to Riverview School and most importantly to the youth of Port-Cartier. Debbie is a devoted community member and has always been. Thank you Deb, for always going that extra mile for your students and your community!

For the dedication and hard work, you deserve the best retirement ever. Enjoy this new journey of your life. Cherish every moment and have fun!

Jody Lessard
Executive Director



Alcoa Foundation Donates \$500

Thanks to the commitment of two employees of the Alcoa - Baie-Comeau, David Butland and Daniel Boulay, who each spent more than 50 hours of volunteering for a non-profit organization, the Alcoa Foundation presented a check for \$ 500 to the North Shore Community Association. This amount will help us to carry out community activities for the year ahead.

Thank you David and Daniel, and especially Alcoa!

Year-End Party for the 50+ Club in Sept-Iles

On Saturday, June 1st, the 50+ Club Sept-Iles held their annual year end party with an attendance of close to 50 participants. There was a lot of laughter as the events of the day unfolded under a theme of “Hollywood – where all of you are stars”. The All Saints Anglican Church basement was decorated in black, gold and silver stars and included the black silhouettes of all the 50+ Club members. The numbered silhouettes were used in one of the event’s activities of matching the silhouette to the name of the person.

Barbequed steaks were on the menu, accompanied by a smorgasbord of salads and other goodies. The audience was even treated to a delightful and hilarious fashion show where various ‘models’ paraded the latest fashions from Hollywood. There was even a ‘biker chick’ on a Harley Davidson!

Under the wonderful organization skills of Gail Lavallee and great volunteers, this year’s activities included card games, wellness days with a large variety of health topics and information in English, physical activities and games, exercises, a Halloween party, a Christmas social, a Saint Patrick’s Day party, an Easter bonnet activity, skits, sing songs, Caroling with QEHS students, Mother’s Day Bingo, not to mention the bowling activity every Friday.

The 50+ Club will start up again sometime in early fall. Look for the informational flyer sometime in mid-September.

If you would like to join the 50+ Club Sept-Iles or would like more information, please call our head office in Baie-Comeau at 418-296-1545.



Year-End Party for the 50+ Club in Baie-Comeau



June 5th was our annual garden party for the 50+ group of Baie-Comeau. Although we were not as many as usual everyone still had a great time. Everyone contributed to our community luncheon which is always so pleasant. There were some crazy certificates given out to all members who attended and many laughs were had. In the afternoon we headed outside to enjoy the beautiful sun and warmth to play ladder golf. Two lively games were played. Thanks to all who made this event a success.



Baie-Comeau 50+ Club - Active as Ever!

The 50+ club of Baie-Comeau met together for breakfast on May 7th. There were 14 early risers who showed up at Mikes Restaurant to catch up on all the news. We were fortunate enough to welcome some new comers. There was a delightful atmosphere amongst all who were there and I am so pleased that these breakfasts have given a new outlet for new and old to come together. After breakfast there were a few who went to the Parc des Pionniers for a walk and enjoyed the beautiful warm sunny day. Have a great summer; look forward to seeing you in September to gather again for another breakfast and chit chat session.

On May 16th and 27th the 50+ club had the wonderful opportunity to host two intergenerational days called "History and Games" with the elementary students of Baie-Comeau High School. The activity took place at St Andrew & St George Anglican Church. The students were given some information by Dave MacRae on the beautiful stained-glass windows that are in this church. They were also shown all the animals that are hidden in the nativity scene window and then had an opportunity to get a bit closer to discover it themselves. Afterwards, they had a great time getting to know one another with some ice breaker games.

After lunch the whole group was divided up into teams and played some exciting games. The two most popular games were ladder golf and bocce ball. These were great days filled with laughter, activity and the understanding that no matter your age we can all have fun together.

Thanks to all the 50+ members who help out to make these days a success.



50+ Clubs Receive Games and Equipment



Thanks to the Community Health and Social Services Network (CHSSN) and the 'adaptation project', the NSCA received \$3,800 to purchase games and equipment to supplement the wellness day activities being delivered to our 50+ Clubs in Baie-Comeau and Sept-Iles. The purchases enable us to diversify both physical and cognitive exercises which help to maintain an active and healthy lifestyle for the members of the clubs.

Equipment purchased includes exercise bands and DVDs, physical games such as ring toss, bowling, mini golf, and cognitive games as well as a Wii console with sports games and Wii fit.

Riverview School's Spring Splash

by Debbie Laurie



As part of the festivities during Bookfest from April 22nd to the 26th, students and staff each decorated a square quilt piece about their favourite book.

My own choice, UNDER THE SAME SKY by Genevieve Graham, so impressed the author that she included us in her monthly newsletter to fans.



Ryan Miller, Secondary 1 student at Riverview, qualified for the national finals of the Great Canadian Geography Challenge.

On April 18th, he competed online against 50 other Canadian students from grades 7 to 10. He did an outstanding job representing his school, school board, and province (he was the only Quebecker to qualify) and finished 21st.

He won a year's subscription to Canadian Geographic magazine as well as a beautiful world map for his wall at home and a compass.



Congratulations to Dimitri, J r mie, Fr d rique, and Ann Laury for the successful completion of elementary school!

They each received a beautiful atlas and were honoured at a supper (Chinese food) and ceremony attended by family and staff on June 6th.

Thank you to their homeroom teacher Miss Rowsell for all her hard work in planning this special evening!

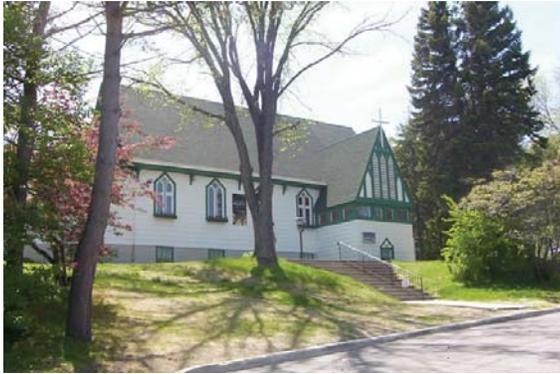


On Friday, May 24th, students from kindergarten to grade 8 dazzled us with a wide variety of projects ranging from volcanoes to rockets to digestion to lung capacity and so much more. Students explained their work to the other students after lunch, and the fair was open to the public from 14:30 until 17:30. It was very well attended, and parents were most impressed with what they saw.

At the same time, a bake sale organized by our spiritual animator, Mrs. Allison Dallaire, was held as a fundraiser for Operation Enfant Soleil. Students also sold friendship bracelets they had made during lunch hours. About \$400 was raised for this great

Bilingual Guided Tours

Looking for something to do while in the Baie-Comeau area this summer?



The Church of St. Andrew & St. George is providing free tours of the church. **The “In Search of Yesterday” exhibit is on until August 2nd.**

The tours are conducted in English and/or in French from June 27th through to August 2nd, Monday to Friday from 10:00a.m. to 12:00p.m. and from 1:00p.m. to 4:00p.m.

Drop by for a visit!

34, av. Carleton, Baie-Comeau

418-296-2833

ENGLISH DAY CAMPS 2013

- Are you between the ages of 5 and 12?
- Looking for a fun way to learn some English?
- Do you enjoy sports, silly songs, crafts, and having a fun time?

Then join us for a week--long English language day camp animated by a team of dynamic bilingual counsellors.

Camp #3: July 15 - July 19 - Theme: Ocean Odyssey

Camp #4: July 22 - July 26 - Theme: Wide World of Sports

Contact Jody Lessard (418-296-1545) or
Stephen Kohner (418-295-3431)

Organized by The Church of St. Andrew & St. George, the North Shore Community Association, and sponsored, in part, by Service Canada

NSCA Summer 2013 Schedule

Starting Friday, June 28th until Friday, August 30th inclusive, the schedule for NSCA's office hours will be as follows:

- Monday - Thursday: 8:00a.m. – 4:00p.m.
- Friday: 8:00a.m. – 12:00p.m.

Please note that the NSCA Baie-Comeau office will be closed from July 29 to August 16.

The Sept-Iles office is closed from June 21 - Aug. 30.

Virtual Newsletter Option

Published quarterly, the NSCA community newsletter keeps our communities informed of events, local news, and other program developments. We are now offering our membership the option to sign up for a virtual copy of the newsletter.

If you prefer to receive an electronic copy, please forward us an e-mail at nsca@quebecnorthshore.org indicating that you want to be added to the virtual newsletter list. It's as simple as that!

As always, your feedback is welcome and will help us shape the content for future issues.

Happy Reading!

Photos Needed!

NSCA is seeking digital photos of scenic spots on the North Shore.

Photos are needed for the cover page of the “Let's Get Connected” community newsletter.



Photographers will be acknowledged for their photos!!

So, get out there and start clicking!

QCGN Convention & AGM 2013

by Debbie Laurie

This year's QCGN Annual Convention was held at Le Nouvel Hotel & Spa in Montreal, and the NSCA was represented by Jody Lessard and me. On Friday morning, things got underway with a plenary session/workshop sponsored by the Priority Steering Committee entitled "COLLECTIVE IMPACT: A FRAMEWORK FOR COMMUNITY CHANGE".

After a delicious buffet lunch, Jody attended a workshop on THE OPPORTUNITIES AND CHALLENGES OF SOCIAL FINANCING while I was part of THE PERFECT PITCH: GETTING COVERAGE OF YOUR NEWS AND EVENTS with Debbie Hynes, Manager of Communications at CBC Quebec. She gave us a lot of good advice and many sound strategies.

On Saturday morning a panel discussion called ENGLISH-SPEAKING QUEBEC THROUGH VARIOUS LOOKING GLASSES allowed us to hear some very interesting viewpoints from four prominent people: Don Macpherson of The Gazette, Martin Patriquin from Maclean's Magazine, Philippe Marcoux from Radio-Canada, and Richard Bourhis from UQAM. They gave us much food for thought...

There was then a policy forum on the Strategic Direction of the QCGN and small group discussions on "How is Quebec's English-speaking community best served by the provincial government?"

Following a healthy lunch, the AGM got underway at 13:30. There were new members nominated to the Board of Directors. As well, the renewed Strategic Plan was adopted, and finally a consensus that we need formal representation in the provincial government brought the meeting to a close. As Director General Sylvia Martin-Laforge said, "A presence in the provincial government could propose policies and programs that support the vitality of Quebec's English-speaking minority." She noted that an inside presence would have the potential to build a better government understanding of the needs and challenges of our community and dispel some of the myths that surround it.

For more information, visit www.qcgn.ca.

Youth Services Coop Manic at Your Service

You have work to do as chores? You need extra help? The **Youth Services Cooperative (CJS)** is back for a fourth consecutive year. At the end of classes, thirty youth will offer their services for work.

This enterprise launched by and for teenagers will be offering a range of services to the community. It will be operated by young people between the ages of 12 and 17 seeking to take on paid work in the commercial or residential setting with a view to developing their technical and entrepreneurship skills, learning about the job market and much more.

The youth members can offer a broad range of services to meet your needs, such as:

- Lawn mowing
- Weeding
- Wood piling
- Help in moving
- Cleaning (inside/outside)
- Babysitting
- Dog walking
- And much more!

For more information or if you wish to hire them for their services, please contact the youth leaders of the cooperative services at 418-589-1217 or by email at

cjsmanic@gmail.com



www.facebook.com/cjsmanic

BCHS' Cornucopia of Activities and Events

by Stephen Kohner

Students, staff, parents, community members and friends of BCHS have all pulled together to provide the school with a wealth of engaging activities during the months of March, April, May and June. Here are just a few noteworthy events...



Sec III-IV History students visited Claude Bonneau's museum at Place LaSalle. On display was a British Union Jack from World War I and household items dating back to the early 20th century.



The Annual Bean Supper, organized by the H&SA, had a festive theme this year - many dressed up in Western garb. The April 19th supper raised \$2000 for bursaries and activities. The band Arkansas supplied the music.



The Grade 3-4 students took advantage of the Bean Supper's community presence and sold their book "A Christmas Memory".



The Spring Concert took place on May 30th. Laura Hurley, Crystal Clarke, and Nicholas Kenny helped to organize close to 20 dance, musical, singing and dramatic performances.



Mr. Luc Parent, PhysEd teacher organized a two-hour Run-a-thon on May 15th. Just over \$800 was raised to help pay for a number of sporting activities and events. Loads of enthusiasm was on-site!



A number of students competed in the Regional Track and Field Championships held in Baie-Comeau on June 1st and 2nd. Shown here are three bronze-medal winners - all in all, BCHS performed well!



Kindergarten Graduation took place on June 20th. Eight students will be entering Grade 1 in August. Miss Laura Hurley, teacher, was proud of their accomplishments throughout the year.



Mikaela Petit, Félix-Antoine Dupuis, Jeffrey Morin, Philip Soucy (absent) and teacher Diane Bélanger participated in the Grade 6 graduation ceremonies in the presence of family, staff and friends.



Patrick Ouellette received his BCHS Secondary V Leaving Certificate on June 21st from Mr. Lavergne Fequet, principal. A number of other awards were presented to students for their accomplishments.

It is with great pleasure that on May 28, 2013 the Council of Commissioners of Eastern Shores School Board approved the appointments of the following Principals for the schools effective August 14, 2013:

SHAUNNA GOUDIE: RIVERVIEW SCHOOL / STEPHEN KOHNER: BAIE-COMEAU HIGH SCHOOL

All of the newly named administrators have been with the Board for a number of years as teachers and teacher-principals and have earned the respect of co-workers, students and parents. The Board would like to take this opportunity to congratulate everyone and wish them success with their new appointment.

Fermont School Celebrates in Style

by Karen Kean



We are very proud of our Pre-Kindergarten and Kindergarten Graduates!



It is our special day!

The Fermont School students participated in the Spring Concert and Pre-Kindergarten and Kindergarten Graduation on Thursday, June 6. We celebrated the success of our young students. The North Shore Community Association provided the delicious spaghetti supper. We would like to thank Cathy Larivière for preparing the sauce and William Larivière for preparing the pasta. Approximately 90 people attended the event.



The students in Grades 5 and 6 played five songs on their recorders.



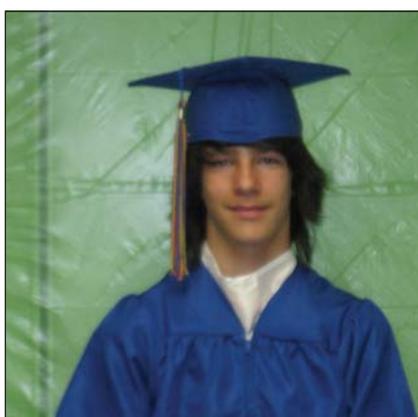
The students in Pre-Kindergarten to Grade 3 sang songs about rockets and aliens.

Fermont School Grade 6 Graduates

We would like to congratulate our Grade Six graduates who will be leaving our school this year and travelling to Wabush, Newfoundland to complete their high school education. Good luck and we will miss you!



Eve-Lyne Gagné



Samuel Bergeron Larivière



Joey Annand

Puppeteer Workshop at Fermont School

by Karen Kean



In May, puppeteer Jacques Boutin, visited Fermont School. He completed a two-day workshop with all the students from Pre-Kindergarten to Cycle 3.

During the two days he showed the students a variety of puppets, he performed three plays using cardboard puppets, and Jacques helped the students make three different puppets. One puppet was made from a birthday hat, the second puppet was a fish with a movable tail, and the last puppet was a giant puppet.

The workshop was very interactive and all the students and teachers had a great time.

Riverview School Museum Visit

by Debbie Laurie



On April 25th, we all spent a wonderful day in Sept-Iles. We started out with a visit to the museum where we learned about the history of theater in the area. After exercising our creativity at mask making, we ate lunch there, then crossed the street to the public library.

We were so excited when the sun came out AND we discovered a playground that we had 15 minutes to climb and slide and swing to our heart's content!



Then we spent an hour at the beautiful public library before heading home on the bus at 14:00.

Grade 3 Flemming School Butterflies

by Kathy Fequet & Students

This year, our grade 3 class not only learned about the life cycle of a butterfly; we got the opportunity to witness the stages of development first hand in our classroom! Earlier this year we placed an order for butterfly larvae, which came with a complete kit (food, house, instructions).



Each day we observed our cute, little caterpillars as they ate, grew and finally formed a chrysalis. We patiently waited, and waited...until one Monday morning we walked into the classroom and VOILA! There they were, our beautiful Painted Ladies fluttering around in their butterfly house.

We were so excited to finally see them transform into their final stage, and spent the next few days observing and recording their habits -just like an entomologist would. We really enjoyed our new classmates. Finally, the temperature warmed up enough outside to let them go. With a little sadness, we brought them to a park-made a wish (as an old legend goes) and set them free. What a great experience!

Hero in 30 Minutes Intergenerational Activity



On Monday, March 25th, 2013, thanks to the 'Health Heritage Grants' (CHSSN), the Baie Comeau Community Learning Centre (CLC) and the North Shore Community Association (NSCA) collaborated in organizing a joint activity involving the Baie Comeau High School secondary students and the Baie-Comeau 50+ Club members.

Thirteen adults and thirteen students participated in an informative and interactive activity demonstrating life saving techniques such as cardiopulmonary resuscitation (CPR), how to help a choking victim and even a quick demonstration on the use of an automated external defibrillators (AED). The qualified instructors are part of the 'Hero in 30' program.

As the School Year Ends...

by Joanne Range



I look outside and see the last patches of snow melting and I embrace the changing of the seasons. Summer is upon us – almost!

Adult Education in Sept-Iles finished on April 25th. Our students will use the spring and summer to recharge their batteries and find employment. In Adult Education Centers, we often focus all our energies on academic advancement but life skills must also be developed and encouraged.

This year we focused on the future – life after completing high school studies. For some this will mean finding a job or career while others will pursue further education whether it is through CEGEP or Vocational Studies.

To this end, we explored and discussed careers that could be interesting and looked at what aspects would not be acceptable to us. The arrival of the Naval Reserve boat was a great place to start as it enabled us to clarify the importance of a career with adventure and exploration versus home and family. For returning students with young children, family was often their primary concern. In December, Jackie Bizeau made a presentation to us about health care, the need for health care workers in our area and throughout the province as well as the various branches of health care and the educational requirements for each.

A trip to the local CEGEP made us more aware of programs available in English as well as in French. The CEGEP in Sept-Iles is a bilingual CEGEP so it's possible to take some core subjects in English and follow other programs or vocations in French. As the school year wound down, we looked at resumes. Most of the students prepared or updated their resumes in preparation for a visit from Carrefour Jeunesse Emploi. They made a presentation to us in French about Curriculum Vitae and impressed upon us the importance of the layout and information presented. Then they gave individual guidance to the students and provided us with some do's and don'ts for interviews.

We wrapped up our year with an intergenerational poetry luncheon on April 22nd with several members of the Seniors Club. Literacy, lunch and good company... what a great way to finish the school year!

Photos from “A Christmas Memory” Book Launch



Maxyme Beaulieu presents a bouquet of flowers on behalf of Cycle 2 students for Jody Lessard's assistance with this initiative.



Listen to the Voicethread of this story at <http://tinyurl.com/qzvl7ds>

The NSCA would like to thank all those who have generously made a contribution to this newsletter. For any comments or suggestions, please contact us, we would love to hear from you. If you wish to make a submission for our next newsletter, please forward it to nsca@quebecnorthshore.org. (All submissions are subject to editing and approval)

North Shore Community Association

Volume 10, Number 1

NSCA Mission:

The North Shore Community Association is a non-profit regional organization dedicated to serving, representing, and instilling pride in the English-speaking community of Quebec's North Shore. Our aim is to empower residents and to strengthen the community across the region by working to make information and resources available, by facilitating community initiatives, by encouraging and improving communication, by promoting access to services, by developing partnerships and by increasing the visibility of the English-speaking community. Together, we are building a vital, informed, and strong community.

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